

Mark's Backpacking Gear List

Gear Item	Description	Quantity/Notes
Tent	Hilleberg Nammatj 2	1 (4 Season)
Backpack	Arc'teryx Altra 65	1
Sleeping Bag	Sierra Designs Zissou 23°	1 (3 Season)
Sleeping Pad	Therm-a-Rest NeoAir XLite	1
Camp Stove	MSR MicroRocket	1
Stove Fuel	MSR Isopro All Season Fuel Blend	2 @ 8oz. each
Cook Set	GSI Outdoors Pinnacle Dualist	1 set
Headlamp	Black Diamond Icon	1
Water Purification	Sawyer Squeeze	1
Trekking Poles	Black Diamond Alpine Carbon Cork	2
Hiking Shoes	The North Face Hedgehog IV GTX XCR	1 pair
GPS	Garmin eTrex 20	1
Watch	Suunto Ambit 2	1
First Aid Kit	Custom – See <i>Wilderness Medicine</i> by William Forgey, MD	1 kit
Personal Locator Beacon (PLB)	DeLorme InReach SE Satellite Messenger	1
Compass	Suunto M-3D Leader Compass	1
Hydration Bladder	MSR Dromedary Bag - 10 Liter	1
Water Bottle	REI Nalgene Wide-Mouth Loop-Top Water Bottle - 32 fl. oz.	1
Topographic Map	Print custom maps on waterproof paper using AllTrails web app.	1-2 maps with waypoint printout(s)
Bear Spray	Counter Assault 8.1oz Bear Deterrent with Belt Holster	1 per person
Cell Phone	Apple iPhone 6	1
Nylon Rope	Personal preference	20-60ft
Camera	Canon EOS Rebel T6i EF-S 18-135mm f/3.5-5.6 IS STM Kit	1
Lighters	BIC Lighters	2
Knife	Gerber Big Rock – Serrated with Sheath	1

Fire Starter	Coghlan's Waterproof Fire Sticks	4
Spork	Long plastic spoons (REI)	2
Survival Kit	S.O.L. Scout Survival Kit	1 kit per person
Batteries	Energizer Ultimate Lithium AA's	New set in all gear plus 4 extra
Hand Sanitizer	Purell Hand Sanitizer Advanced - Travel Sized Jelly Wrap Bottle	1 per person
Bath Wipes	No Rinse Bathing Wipes	1 8-pack per person
Cups	Custom Wood Cups	1 per person
Garbage Bags	Heavy Duty 35-gallon bags	2 per person
Sunblock	Sawyer Stay-Put System 2 Sunscreen SPF 50 - 8 fl. oz.	1
Insect Repellant Gear Spray	Sawyer Permethrin Pump Spray - 24 oz.	Spray gear properly before trip
Insect Repellant	3M UltraThon Insect Repellent - 34 Percent DEET - 2 fl. oz.	1 per person
Lip Balm	Banana Boat Sport Sunscreen Lip Balm - SPF 50	1
Sunglasses	Smith Backdrop ChromaPop Polarized Sunglasses: Black Polar Gray Green	1 pair
Toilet Paper	Coghlan's Toilet Paper - Package of 2	1 package per person
Toothbrush	Personal preference	1
Toothpaste	Personal preference	1 travel-sized bottle
Towel	PackTowl Ultralite Towel	1
Waterproof Storage Bags	Ziplock Freezer Bags	2 1-gallon, 4 smaller sizes
Firearm	Smith & Wesson Model 60 .38 special with holster	1
Deodorant	Personal preference (preferably unscented in bear country)	1
Paper	Rite in the Rain Outdoor Journal - Large	1 & 1 pencil
Clothing		
Hiking Pants	Prana Stretch Zion Pants (khaki)	1 pair
Down Jacket	The North Face Quince Jacket	1

Rain Jacket	The North Face Resolve	1
Bandana	American Flag	1
Belt	Brown Leather	1
Baseball Cap	Purdue University cap	1
Winter hat	Patagonia Lined Beanie	1
Base Layer Shirt	Under Armor sweat-wicking shirt	2
Base Layer Shirt (cold weather)	Under Armor base layer cold-weather compression shirt	1
Base Layer Pants	Under Armor compression pants	1 pair
Fleece Pullover	Patagonia R3 Jacket	1
Socks	SmartWool PhD Outdoor Medium Crew Socks	1 pair per day plus one extra pair
Shorts	Under Armor synthetic gym shorts	1 pair
Insulating Pant Layer	Nike Dry Fit Sweat Pants	1 pair
Underwear	Personal preference: synthetic, no cotton, sweat-wicking	1 pair per day (up to 4 days/pairs)
Insulating gloves	Personal preference	1 pair
Waterproof & wind proof mittens/gloves	Personal preference	1 pair
Balaclava	Personal preference (Mark usually doesn't take one)	1
Long-sleeve shirt	Personal preference, no cotton	1